

TENETS OF TOOGEE TAEKWONDO

COURTESY
INTEGRITY
PERSEVERANCE
SELF CONTROL
INDOMITABLE SPIRIT

TOOGEE TAEKWONDO PLEDGE

As a student of Toogee Taekwondo I solemnly promise:

To abide by the rules and regulations of the school
To obey the instructions of my instructor
To cultivate self discipline and perseverance
To achieve fitness and good health
To strive always to be modest, courteous and respectful to members senior to me
To put the art into use only for the defence of the weak and never to show off my knowledge of the art
To endeavour constantly to improve myself both mentally and physically through my study of the art of Toogee Taekwondo
To respect and obey my parents, be courteous to my elders and strive to set an example as a good citizen
To respect the laws of the country at all times
To be honourable in my dealings with my fellow man.